Mrs Debra Walls | Principal

It Is Well With My Soul …

In 1873 Charles Spafford, a solicitor living in America in the city of Chicago, lost his only son who was four years old to pneumonia. Not long after that, the great Chicago fires, a conflagration that burned for three days, destroyed a large part of Spafford’s sizeable property investment and affecting the law firm where he worked as a senior partner.

Two years later Spafford’s wife and their four children, daughters Anna, Margaret Lee, Elizabeth and Tanetta were travelling to England to hear their friend the great evangelist, Dwight L. Moody speak and to holiday. Unfortunately Spafford himself was delayed by business and sent his wife and four daughters ahead on Ville de Havre intending to sail to England on the next available ship.

The Ville de Havre was struck by an iron sailing vessel and 226 people lost their lives. When Mrs Anna Spafford reached England she sent a telegram to her husband beginning “Saved Alone”...

On his journey to England to meet up with his wife he penned the following hymn called It Is Well With My Soul:

When peace, like a river, attendeth my way,
When sorrow like sea billows roll;
Whatever my lot, Thou has taught me to say,
It is well, it is well with my soul.

Refrain:
It is well (it is well) with my soul (with my soul),
It is well, it is well with my soul.

Though Satan should buffet, though trials should come,
Let this blest assurance control,
That Christ hath regarded my helpless estate,
And hath shed His own blood for my soul.

Refrain:
My sin, oh the bliss of this glorious thought!
My sin, not in part but the whole,
Is nailed to the cross, and I bear it no more,
Praise the Lord, Praise the Lord, O my soul!

We always need to remember that, no matter how dark the dark, it will always be well with our souls if we commit our lives in service to the living God.

“Love the Lord your God with all you heart and with all your soul and with all your mind”
Matthew 22:37 – and all, will always be well with your soul.

Prayer

Pray for families who have a loved one experiencing serious illness, that they may experience God’s love, comfort and healing.

Pray that the Word of God continues to be proclaimed boldly in this College.

Continue to pray for our School Captains and Prefects as they develop their leadership skills.

Praise

Praise God for a fantastic Year 7 Camp.

Praise God our faithful College Prayer Warriors.

Praise God - “So now there is no condemnation for those who belong to Christ Jesus.” Romans 8:1 NLT
Mr Tom Anderson | Director of Spiritual Development

Acts 1:8 “...and you will be my witnesses in Jerusalem, Judea, Samaria and to the ends of the earth.”

Our vision for mission and service at GPCC is to reach out in the name of Christ to those in our immediate vicinity at the College and Church (our Jerusalem), to our local area on the Central Coast (our Judea and Samaria), and to regional Australia and overseas (our ends of the earth). It is fantastic to see staff and students responding to Christ’s call to follow him and testify about the Gospel through word and action!

Vietnam Mission Chapel Services

Last Wednesday, the returned team members from last year’s Vietnam Mission Trip shared at Chapel Services for K-12. Students were able to hear about some of the things that God did through this Mission and how it challenged and changed those who participated. The team’s visit to an orphanage and the time spent sharing Jesus’ love with the children there was a common highlight for the team members. Thanks to Luke Petersen, Aiden McCann and Laura Smith for speaking. Mrs Collins also launched our partnership with Samaritan’s Purse and Cambodia in 2013, speaking about the December Mission Trip and the fundraising projects we will be participating in throughout this year. More information to come!

A reminder that there will be a Cambodia Mission Trip Information Night for interested students in Years 10 and 12 and their parents this Thursday night (21 February) at 7pm in the Staff Common Room.

Year 8 – Service at GPCC

Mrs Mackie’s Year 8 Devotions Class gave up some time last week to serve the Green Team by weeding around the College. The Green Team were very busy during the holidays and start of term preparing so many great things in our grounds, however they had not had time to get to the weeding in the gardens. 8LAM decided to all pitch in and make a start by weeding the Junior School garden outside the side Library entrance. Next week they plan to mulch that garden and do some further weeding in other gardens. Thanks to 8LAM for serving the College community in this way!

Prayer at the Pole

A reminder to use one of the most vital spiritual weapons we have – PRAYER!

Please join us to pray for the College, our Community and Nation on Thursday 21 February from 8.15-8.45 am.

“Give Up Your Bed” – Supporting Homelessness in Our Community

Information notes went home this week for Senior School students (Years 9-12) to participate in a fundraising and awareness Sleepout for Coast Shelter. This will be held overnight on Saturday 23 March and participants need to have a Consent Form/Registration Form signed by parents in order to attend.
Car Park Safety
Parents please use the foot crossings provided when moving around in the school car park. For those accompanying you under 10 years, holding hands is a further act of safety. Thanks in advance for your cooperation.

Parking and Drop Off
To ensure the safety of students and especially small children, NO students are to be dropped off in the Student or Staff Car Park.

Family Directory
A Family Directory is available each year to enable communication in the College Community.

Should you not want your personal details published in the Family Directory please email bmoody@gpcc.nsw.edu.au.

Nebo News - Secondary G&T
Solution To Last Week’s Challenge:
He kept ducks.

Write4fun Competition:
Write4fun Competition is still open for entry and there has been plenty of interest. I encourage our students to have a go and keep the entries coming.

Details are also available on the website: www.write4fun.net.au

Challenge of the Week:
A coin is inside a corked bottle. How could you extract the coin from the bottle without breaking anything or removing the cork from the bottle?

Solution next week.

Billets Needed For Japanese Students In March
From 15 - 27 March, a group of 20 students from our sister school in Japan, Shizuoka Kita High School, will be attending classes at Green Point.

We are looking for an additional five GPCC families with students in Years 9 - 12 who would be able to host a student from Shizuoka. This will involve providing meals and somewhere to sleep for one student and will be an amazing opportunity for your child to make international friends. Hosting families will be given $350 remuneration per student to cover food and other incidentals.

If you are able to help, please ask your child to see Mr Wheeler at school or email cwheeler@gpcc.nsw.edu.au for more information.

Upcoming dates

- Thursday, 21 February
  Prayer at the Pole 8.15 am
  Cambodia 2013 Parent/Student Information Evening in SCR 7.00 pm
- Monday, 25 February
  CIS Primary Tennis Trials
  Secondary Zone Touch Football Gala Year 12 Excursion to Encore
  JS Mandarin Club
- Tuesday, 26 February
  JS Zone Swimming Carnival
  Years 7 & 12 Parent Teacher Interviews
- Thursday, 28 February
  JS Mufti Day for Juvenile Diabetes
  CSSA Sec. U/15 and Open Girls Soccer Trials

Reminders

Music Tutor Program
We have many experienced and valued Tutors teaching at the College, and the programme has been an integral and successful part of the College’s Music Department for many years.

To aid parents with the financial burden of buying an instrument the school provides a Scholarship Program which provides FREE use of an instrument for one Semester. This is on the proviso that your child learns from a Tutor at school and also pays a small service levy on the maintenance of the instrument ($40 per term). Please complete the form CLICK HERE if you are interested and return to the College Office.

For more information please come to the Music Department in CAPA or phone Colin Muir on 0409 601 881 or email cmuir@gpcc.edu.nsw.au.

Prayer
“The Lord will watch over your coming and going both now and forevermore.”
Psalm 121:8

Please join us for prayer in the Staff Common Room on Tuesdays @ 2.00 pm till 3.15 pm. Contact Ann McLellan 0400 349 429. For prayer requests please fill out the blue form at Reception in the College Office or advise Justine Collins.
Volunteers Needed - Exam Provisions

Green Point Christian College is privileged to be able to offer support by way of Exam Provisions in the Secondary School to assist those students who may otherwise be disadvantaged in their Half-Yearly, Yearly, Trial and Higher School Certificate Examinations. We are always in need of helpers who are willing to give their time during exam periods to assist our students as readers, writers, reader/writers and/or supervisors. Helpers can be mums and dads or grandparents from K-12, uncles, aunties, neighbours or friends of our College. Without this valuable volunteer support the program could not operate.

We currently have a wonderful group of people who volunteer in the program and we are very appreciative of the time they give up to help. Sometimes parents can feel disconnected when their child moves to Secondary School. Helping with exam provisions is one way to still be involved with the College and bless students in need.

If you feel that this is an area to which you could contribute and are interested in becoming a part of this important team of helpers, we are running two Information Sessions on the following dates:

**Tuesday 12 March 2013 at 9.00 am in the Staff Common Room**

**Wednesday 13 March 2013 at 9.00 am in the Staff Common Room**

These sessions would run for approximately one hour and morning tea will be provided. We hope that you will be able to attend as the information will be beneficial to you and will enable you to familiarise yourself with the Board of Studies guidelines as well as the College’s procedures in the administration of Exam Provisions. Time is allowed in the sessions for questions and feedback.

Yours in Christ

Mrs Lyndall Mackie, Director of Support Services K-12

---

To Be Returned to Mrs Mackie

Your Name: __________________________ Telephone: __________________________

Yes, I am able to help with the Exam Provisions program. I am able to help with:

Please tick the following areas:

- Reading ☐  Writing ☐  Supervising Students ☐

I am available on:

Monday ☐  Tuesday ☐  Wednesday ☐  Thursday ☐  Friday ☐
Library

The Library continues to be a dynamic learning environment serving the entire College community. Each day students from K - 12 together with staff and parents access the resources contained in our great Library facility. The Library staff are always available to handle any enquiries regarding any aspect of the Library’s operation.

The curiosity of Infants students is encouraged by a programme of storytelling, related activities and book borrowing which they embrace with enthusiasm. Senior students are provided with extensive research material and the impressive array of online resources provides them with a rich field of information sources.

During 2013 one of the highlights will again be Book Week where the theme is **READ ACROSS THE UNIVERSE**. This theme is likely to result in some interesting costumes on the day of **BOOK PARADE**. Lunch time activities are very popular with students being involved in reading for leisure, colouring in, puzzles, craft and developing their technology skills – working on assignments and power point presentations.

**PARENTS**, you are welcome to borrow from our Library and to discuss with us any matters relating to your children’s borrowing.

*Mrs Diane Parks, Director of Library Information Services*

**Reminders**

**School Photo Dates**
- **Secondary School Photos**
  - 8 March 2013
- **Junior School Photos**
  - 28 March 2013

**Absentee Line**

Please telephone the Absentee Line by 8.30 am if your child is going to be absent.

Remember to complete the Absence Notification Form and return it to the College Office.

[Click here to download an Absentee Form.](#)

**Library**

The Library continues to be a dynamic learning environment serving the entire College community. Each day students from K - 12 together with staff and parents access the resources contained in our great Library facility. The Library staff are always available to handle any enquiries regarding any aspect of the Library’s operation.

The curiosity of Infants students is encouraged by a programme of storytelling, related activities and book borrowing which they embrace with enthusiasm. Senior students are provided with extensive research material and the impressive array of online resources provides them with a rich field of information sources.

During 2013 one of the highlights will again be Book Week where the theme is **READ ACROSS THE UNIVERSE**. This theme is likely to result in some interesting costumes on the day of **BOOK PARADE**. Lunch time activities are very popular with students being involved in reading for leisure, colouring in, puzzles, craft and developing their technology skills – working on assignments and power point presentations.

**PARENTS**, you are welcome to borrow from our Library and to discuss with us any matters relating to your children’s borrowing.

*Mrs Diane Parks, Director of Library Information Services*

**Green Point Baptist Church News**

Our series in Philippians continues this Sunday in our 9:30am service. This week we are focusing on Philippians 1:12-30, having ‘joy in our adversity’.

All are welcome.

**Can life really be HAPPY, HAPPY, JOY, JOY?**

*Study in Philippians*
Chapel

Last week Laura Smith shared in Chapel about the mission trip taken to Vietnam late last year by a number of our Senior Secondary students. Laura spoke about the amazing impact the trip had on her and the value of serving and giving to other people who are needier than ourselves. As they get older many of the Junior School students will have the opportunity to participate in a mission trip but in the meantime this year we’ll be concentrating amongst other things on raising money for bicycles and chickens!

Food

Just a reminder that children need to be eating their own food at school brought from home or purchased with their own money from the Canteen. Can I also ask that after school or during special school events that parents refrain from giving food to other children unless they have the direct permission of the parents.

Welcome

This week we welcome Holly Forrester and her family as they join the Junior School. God’s richest blessing as Holly embarks on a new chapter of her education in Year 4 at Green Point.

Primary Sport

The children participated in their first rotation of Athletics training last Friday and the oval was consequently full of students running, jumping and throwing. We will continue Track and Field training for the next five weeks before conducting our Pre-Selection Trials on the afternoons of Thursday 4 and Wednesday 10 April between 3.30 and 5.30 pm on the school oval. To participate in Field Event Finals at the Carnival, boys and girls must qualify on one of the above afternoons.

Soccer Clinic

The Total Football Clinic kicks off this Thursday afternoon after school. Information was included with last week’s Newsletter otherwise sign children up on the day.

Cricket

The best team lost the CSSA Super 8s Semi-Final last Tuesday. The Green Point boys convincingly won their first two Pool Matches and then beat Berowra Christian in the Quarter-Final. Essington was then set 72 off 7 overs which they achieved with one ball to spare! It was a match we should have won but Cricket is a Fanny game. Well done to all the boys who were gallant in defeat and many thanks to the mums and dads who assisted with transport and scoring on the day.

Mufti

Next Thursday 28 February Junior School students are invited to wear blue clothes to school and bring a gold coin donation as we will be supporting Juvenile Diabetes Research Foundation. Two GPCC students are insulin-dependent diabetics and one of our high school students, Lauren Espedido is NSW Schools’ Ambassador for the Juvenile Diabetes Research Foundation. She has been chosen to parachute out of a plane on Saturday 2 March as part of her role! As a College it would be wonderful if we could support her in raising money for this worthwhile cause.

Head of School Award

Congratulations to the following students for last week: Mikalah Strickling, 1MM; Sasha Riggs, 1PB; Lauren Heslop, 1SM; Jasmin Bretonner, 2AH; Nakira Taylor, 2D; Ellia Turner, 2RH; Patrick Smith, 3P; Summer Healey, 3W; Scotia Emmett, 3/4D; Caitlyn Shelley, 4S; Nadine Van Rensburg, 4T; Breeanna Reynolds, 5L; Lauren Ross, 5M; Abbey Omayao, 5/6B; Brooklyn Tadman, 6L and Madeleine Tisch-Lienert, 6P.

Upcoming dates

- Thursday, 21 February
  Prayer at the Pole 8.15 am
  Cambodia 2013 Parent/Student Information Evening in SCR 7.00 pm
- Monday, 25 February
  CIS Primary Tennis Trials
  Secondary Zone Touch Football Gala
  Year 12 excursion to encore
  JS Mandarin Club
- Tuesday, 26 February
  JS Zone Swimming Carnival
  Years 7 & 12 Parent Teacher Interviews
- Thursday, 28 February
  JS Mufti Day for Juvenile Diabetes
  CSSA Sec. U/15 and Open Girls Soccer Trials

Reminders

Has there been a change in your information? Please let us know as soon as a change occurs.

Especially important is an accurate email address and mobile phone number.

Please send us an email today if you believe we may not have an accurate email address.

Coming Up

Mon 25 Feb    CIS Tennis
Tue 26 Feb    Zone Swimming Carnival
Thu 28 Feb    Mufti Day
Fri 1 Mar     New Families BBQ
Year 7 Camp

By all accounts our Year 7 students had a great time at camp, enjoying the outdoor activities as well as the interactions with their peers, the camp staff and our teachers. I want to congratulate our Year 7 students on the way they conducted themselves at Camp. Green Point has a long standing relationship with Deer Park and each year our College is complimented on the behaviour and respect that our students show towards staff and each other. This year’s group was no different. They represented our school in a very positive way. The camp was fantastic! I feel privileged to have been part of this camp and to have spent time with these gorgeous students. The weather was almost perfect, there were few injuries or illnesses and the students had a great time getting to know each other. Praise God! When I asked students what the highlight of the camp was most students said the ever popular water slide, however watching me fall out of a canoe was also a great moment for many! A special thank you to Mrs De Witte, Mrs Stylianou, Mr Hook, Mr Haines, Will Richards (GPBC Youth Pastor), Miss Soiland and Mr Anderson. These teachers gave their time, enthusiasm and care and gave up sleep and time with their own families to make the camp such a success.

Year 7 Parents

The first Parent/Teacher Interviews for Year 7 will be held on Tuesday 26 February, from 4.00 pm until 8.00 pm, appointment times being seven minutes long. Information regarding the process of making a booking was in last week’s Messenger. Year 8 Parent/Teacher interviews will be held later this term.

Compliments and Demerits in Middle School

The Middle School Discipline system encourages students to display positive behaviours in and out of the classroom. We recognise this through our compliment system. When a student receives a compliment it is recorded through the College Office. Three compliments results in a Certificate of Achievement, which is issued by the Home Teacher. Six compliments results in a letter being sent home to parents notifying them of the consistent effort their child has displayed at school. Ten compliment results in a Head of Middle School Award (and a Canteen voucher) which is presented to the student at a formal Commendation Assembly held each term.

If negative behaviour is displayed, uniform is not worn correctly or work is not attempted or submitted, a student may receive a demerit. A demerit requires that students have a 10 minute Timeout at lunch on Monday, Wednesday or Friday with me in C4 (kitchen). Timeout gives me an opportunity to discuss the issue and work with the student to establish positive behaviour or habits.

Head Lice

There have been a couple of students who have reported having head lice. These nasty critters seem to love long hair and thrive in the humidity we are experiencing at present. Please check your children’s hair and take necessary steps to eliminate them if they are present. This outbreak reinforces the need for all students who have hair longer than their collar to wear it up at school, and to not share hats or hairbrushes.

Mobile Phones

A reminder that Middle School students are not permitted to have mobile phones out and/or on between 8.45 am and 3.15 pm. This includes recess and lunch. If they are seen teachers may confiscate them. I appreciate that many students use their phones to communicate travel arrangements etc however they become a distraction in the classroom and playground. If students do have a mobile phone at school please complete the Middle School Mobile Technology Agreement (Page 8).
Middle School Mobile Technology Device Agreement

Student’s Name: ________________________________________________ Year Group: ____________________________

Student’s Mobile Phone Number: ________________________________

• I permit my child to bring their mobile device to school as it is needed for communication before and after school.

• I agree to support the College in its stance on appropriate use of mobile devices and understand that if the device is misused then it may be confiscated.

• I understand that any outside school communication to or from the student (including parents) should be directed through the College Office.

• I understand that the phone number provided above will be kept confidential by the College and will be utilised if necessary for investigating inappropriate use of a mobile phone, e.g. cyber bullying, distribution of inappropriate material.

Signed: ______________________________________________________ (Parent)

Signed: ______________________________________________________ (Student)

Date: ________________________________________________________

Please return completed forms to Mrs Jane McLarty, Head of Middle School.

NSW School Based Vaccination Program

Each year NSW Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school-based vaccination program.

From this year Boys in NSW high schools will be offered human papilloma virus (HPV) vaccination to provide protection against developing infections that can lead to cancer.

Year 7 students will be offered:

• Diphtheria, Tetanus and Pertussis (Whooping Cough) for all Year 7

• Human Papilloma virus (HPV) offered to both male and female students (a 3-dose course over a six month period)

• Hepatitis B vaccine for all Year 7 students who have never received a course of Hep B vaccine as a baby

• Varicella (chicken pox) vaccine for all Year 7 students who have not previously received this vaccine or had chickenpox

Information Kits will be sent home to parents/guardians within the next week. Please return these to the College by Friday 1 March.

Please note that for the HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the Consent Form.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

The College does NOT keep a record of these vaccinations as they are a NSW Health initiative.
I have been very encouraged by the positive attitude of the Senior School students at the start of this year. We have been much more determined to set a higher standard in all aspects of College life. Things such as uniform, attitude, attendance and respect are words that are often uttered in reference to students and on the whole our students have responded. We have set high expectations and most students are striving to achieve those expectations. The staff are being very consistent in the administration of all aspects of College Policy and I believe it is being reflected in the general attitude around the College. It is really important that students understand that staff are following the expectations of the College in the enforcement of the rules of the College and that all students are expected to live within the boundaries of the College.

### Uniform

A number of students have been given Uniform Detentions at lunch time. If a student does not attend this Detention they are chased up and given a chance to rectify the oversight. If they do not take the opportunity to do so they will be given a Friday afternoon Detention. Please support us in this discipline measure as the complying to uniform expectations is a requirement for all students. Please note that we are working through the uniform. We are focusing on incorrect jewellery. If a student wears the incorrect jewellery it will be confiscated.

### Year 11

This is a reminder for Year 11 parents. Year 11 is permitted to leave school early on Tuesdays ONLY if they have a Study Period in Period 4. If your child has a Study Period after lunch on Tuesdays they must return the note signed by their parents which gives permission for the entire year to the Office (back window). Students are not permitted to come late because of Study Periods or leave early on any other days. Just a reminder that Study Periods are exactly that, periods allocated for study. They are not ‘free periods’ and students are expected to sign in at the Library and be working.

### Careers

Careers Information from Mr Russell is on the College Website. Click on the Careers Information link to access this week’s information.

### Communication

If you need to talk to someone about an academic issue please make your first point of call the Class Teacher followed by the Coordinator of that subject area. These two points of contact are the most effective as they are the specialists in the subject. If you have a general issue or a welfare issue your first contact should be your child’s Year Adviser or the School Counselor. If these contact people are unable to help or you have an emergency issue, then contact the Head of Senior School.

### Year 9 Boys Immunisations

Each year NSW Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school-based vaccination program.

From this year the Human Papillomavirus (HPV) vaccine will be offered to Year 9 male students along with Year 7 vaccinations (a 3-dose course over a six month period). Students who do not complete the course may be offered catch-up doses at school in the following year. Information Kits will be sent home to parents/guardians within the next week. Please return these to the College by Friday 1 March.

Please note that for the HPV vaccine, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the Consent form.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination. The College does NOT keep a record of these vaccinations as they are a NSW Health initiative.
Junior School Sport House Sport

House Captain Report

Last Friday 15 February, it was the Junior School’s first afternoon for 2013 House Sport. It was a hot but fun afternoon. The activities we enjoyed were High Jump, Discus, Shot Put, Cross Country, Long Jump, Turbo Javelin and heaps more. We were all encouraged and supported by our Primary School teachers who did a great job! Every student tried their best and enjoyed participating. Although there were reports of leeches in the bush, they did not affect our Cross Country Training. Good luck to each House for Sport this year.

Brooklyn Tadman
Warriors House Captain

Primary Swimming Carnival Age Champions

Congratulations to the following Age Champions for 2013:

<table>
<thead>
<tr>
<th>Girls</th>
<th>First</th>
<th>Points</th>
<th>Second</th>
<th>Points</th>
<th>Third</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Yrs</td>
<td>Jarrah Peet</td>
<td>31</td>
<td>Julia Carantinos</td>
<td>22</td>
<td>Christina Stewart</td>
<td>16</td>
</tr>
<tr>
<td>9 Yrs</td>
<td>Eliana Bootes</td>
<td>56</td>
<td>Bianca Fourie</td>
<td>16</td>
<td>Lucy Loneragan</td>
<td>11</td>
</tr>
<tr>
<td>10 Yrs</td>
<td>Alannah Nicholson</td>
<td>36</td>
<td>Jessica Degeling</td>
<td>27</td>
<td>Charlice Lloyd-Phillips</td>
<td>26</td>
</tr>
<tr>
<td>11 Yrs</td>
<td>Breanna Reynolds</td>
<td>38</td>
<td>Cerys O’Grady-Cousins</td>
<td>30</td>
<td>Monique Beckett</td>
<td>16</td>
</tr>
<tr>
<td>12 Yrs</td>
<td>Hannah Read</td>
<td>58</td>
<td>Carinya White</td>
<td>50</td>
<td>Abbey Beckett</td>
<td>13</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Boys</th>
<th>First</th>
<th>Points</th>
<th>Second</th>
<th>Points</th>
<th>Third</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Yrs</td>
<td>Bryn O’Grady-Cousins</td>
<td>31</td>
<td>Cooper Dehn</td>
<td>4</td>
<td>Nate Barnes</td>
<td>2</td>
</tr>
<tr>
<td>9 Yrs</td>
<td>Jasper White</td>
<td>25</td>
<td>Phoenix Carroll and Nathan Nicholls</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10 Yrs</td>
<td>David Spragg</td>
<td>36</td>
<td>Matthias Palmqvist</td>
<td>15</td>
<td>Cooper Corcoran,</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Connor Matodes and</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Nicholas Stewart</td>
<td></td>
</tr>
<tr>
<td>11 Yrs</td>
<td>James Linnet</td>
<td>46</td>
<td>Jed Cullen</td>
<td>26</td>
<td>Isaac Waddell</td>
<td>23</td>
</tr>
<tr>
<td>12 Yrs</td>
<td>Liam Ferguson</td>
<td>50</td>
<td>Logan Jones</td>
<td>28</td>
<td>Jacob Villablanca</td>
<td>17</td>
</tr>
</tbody>
</table>

The final points tally was also an extremely close affair with the mighty Eagles taking the title in 2013 (their first victory for many years). Go the Eagles!

EAGLES  653  WARRIORS  626  HURRICANES  515  BREAKERS  376

Summer Oztag

Competition is drawing to a close. Well done to our 12 school teams that have confidently competed each week. Oztag is such a fast and fun game that I’m sure all students have thoroughly enjoyed playing. We wish the following teams well as they head into the Finals series:

- 10 Stingrays playing in Semi Finals this week.
- 8 Warriors, 10 Seals, 10 Ladybirds and 10 Firebirds all playing Quarter Finals this week.

Congratulations to the 12 Spiders who won their Semi Final this week 6-3 and will now play in a Grand Final next Monday. Many thanks again to our team of Managers, Coaches and Parents who all support and encourage our students. We couldn’t do it without you!

Nathan Lambert - Primary Sport Coordinator

Mrs Corinna Reynolds
Secondary School Sport

Proverbs 19:11 ‘Sensible people control their temper; they earn respect by overlooking wrongs’.

As I have observed Sport over the last five to ten years, it has always been interesting to see how people react to a mistake. I have seen people hit the ground with their fists, yell expletives, break golf clubs, abuse racquets etc. I always cringe when I see these things because it is sending the message that it is OK to lose your temper.

Since Sports Psychologists have been introduced and seen as an integral part of Sport, the change is amazing. You see a lot more high fives, pats on the back when someone makes a mistake in a team sport or individuals looking to words they have written on their strapping or Racquets. Sports Psychologists have realised that encouragement is more effective and will lessen the likelihood of the same team member making the same mistake again through encouragement. Tiger Woods has always given himself 10 seconds to get rid of the frustration of a poor shot, then refocuses again. I have always believed that reflecting control creates stability on the field. People look to see how you react and from that reaction can determine whether you are having a bad day or that it is a one off mistake. The key is staying in control. Just like training for the sport, we practice self-control. We may not always execute it the way we would like, but it is the understanding as with everything, that as we practice we will get better at it.

Touch Football

We have our Annual Zone Touch Football Gala Day on this Monday. The Gala Day is held at Wallsend Touch Reserve and any parent who would like to come is most welcome. We have entered four teams on the day and are hoping for great success. Unfortunately with all the rain we have had, it has been difficult to train. We have two Opens teams (Boys and Girls) and two U/15 teams (Boys and Girls). This Gala Day is also a Trial for the Zone Team to compete at the CSSA Touch Gala Day held later in the year.

Swimming

On Friday 1 March, we have the Secondary Zone Swimming Carnival at Mingara. GPCC has the following students competing:

<table>
<thead>
<tr>
<th>James Amos</th>
<th>Lachlan Apps</th>
<th>Sava Bajic</th>
<th>Riley Battle</th>
<th>Jordan Blount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hugh Daugaard</td>
<td>Isobella Evans</td>
<td>Ben Everingham</td>
<td>Matthew Fadhul</td>
<td>Nathan Ferguson</td>
</tr>
<tr>
<td>Matthew Forrest</td>
<td>Benjamin Francis</td>
<td>Claire Gaffney</td>
<td>Gemma Gardiman</td>
<td>Fergus Henderson</td>
</tr>
<tr>
<td>Meaghan Henderson</td>
<td>Joshua Hoy</td>
<td>Maddison Hoy</td>
<td>Justin Hunt</td>
<td>Jordon Lace</td>
</tr>
<tr>
<td>Taysia Latta</td>
<td>Jeremy Marsh</td>
<td>Cassidy Matterson</td>
<td>James McLarty</td>
<td>Grace Morley</td>
</tr>
<tr>
<td>Matthew Reynolds</td>
<td>Gabriella Schoeman</td>
<td>Anne Spragg</td>
<td>Beth Spragg</td>
<td>Jane Spragg</td>
</tr>
<tr>
<td>Melody Suranyi</td>
<td>Tanya Verster</td>
<td>Harrison Vitnell</td>
<td>Zoe Waddell</td>
<td>Lucia Wilson</td>
</tr>
</tbody>
</table>

Chris Wellington - Secondary School Sport Coordinator
Canteen

Week 5

25.02.2013
Kay Soede

26.02.2013
Kerryn Samways

27.02.2013
Louise Manson

28.02.2013
Joanne Gay

01.03.2013
Jane Leivesley, Darlene Laybutt, Janine Pike-Gale, Terry Ellis.

Coast Shelter Restaurant
346 Mann Street, Gosford

If you would like to be on the roster, Sharon Blair would love to hear from you! Please email office@gpbc.net.au, or 0432 490 975.

23 February 2013
OIC and Food Pickup: Brian Shaw
Kitchen Manager: Karen Shaw
Helpers: Fiona/T/K/E Pennington, William Arnot

2 March 2013
Coast Shelter run the first Saturday in the month.

9 March 2013
OIC: Stephen Hay
Food Pickup: Arthur Pickersgill
Helpers: Bonnie Gardiner, Fran and Caleb Walton, Jeanie Hipwell, Leena Pretlove, Sonia Dawes, Steve Moody.

Term 1, 2013
- Tuesday 29 January 2013 for Years 1 - 6; 7, 11 and 12 to Friday 12 April 2013
- Wednesday 30 January 2013 for Years 8, 9 and 10 to Friday 12 April 2013
- Thursday 31 January for Kinder to Friday 12 April 2013

Term 2, 2013
- Tuesday 30 April 2013 to Friday 28 June 2013

Term 3, 2013
- Wednesday 17 July 2013 to Friday 20 September 2013

Term 4, 2013
- Tuesday 8 October 2013 to Thursday 12 December 2013.

Uniform Shop

Operating Times
Monday - Friday during the School Term: 8.30 am - 11.00 am
Afternoons by appointment only.

Alternate ways to make purchases:
1. Write items on a lunch order bag, enclose cash or cheque and lodge through Canteen.
2. Lodge order and payment through Reception.
3. Phone order to Uniform Shop and pay by Credit Card.
4. Email gritchie@gpcc.nsw.edu.au
Always include your child’s name and Year Group for delivery. Credit Card slips and a receipt are always issued.

Green Point Trader

Tutoring: Past GPCC student, Vincent Stewart offering Maths tutoring, flexible hours. Contact 0488 511 132.

For Sale: Drum Kit 7 piece, black, in near new condition. Great for beginners, includes drumsticks $200 ono. Casio keyboard with stand $50. Contact Lucinda on 0414 918 351.


For Sale: Yamaha Portatone PSr 270 with Peavey amp Model KB/A 15 amp. It is 61 key unit with many extra effects. Comes with stand and all instructions. $300 Call David Price 4381 1929

Wanted to Buy: GPCC Netball Shirt. Size small or medium. Please call 0407 249 825.