Coaching Netball is a rewarding and challenging activity. All our coaches have completed training courses run by Netball NSW and all new coaches have the opportunity to do these run by the GNA.

It is a privilege to see these young people learn new skills, make friends and learn to work as a team.

Our training occurs straight after school in our school grounds. Training usually occurs between 3.30 and 4.30pm. In the event training is cancelled due to weather, the manager will contact parents or players. All coaches need to sit the AANA Online Umpiring Course and we will let you know when appropriate training courses are being run.

Coaching Tips

- Every intercept a team takes gives them another opportunity to score a goal. Teach the players to attack the ball so they can take the ball with 2 hands. Work on timing and footwork and their intercepts will increase.
- Correct their shooting technique early. It is much harder to correct bad habits later.
- If a player wants the ball they need to RUN!
- Shadowing – Stand in front of attacker halfway across the attacker’s body looking halfway between the ball and the attacker so they can see both.